

The BEST Non-Greasy Body Lotion

DIY Recipe



Ingredients:

- 1C Aloe Vera Gel*
- 1/4C Fractionated Coconut Oil
- 1/4 Tbsp Refined Shea Butter
- 10-15 drops essential oil

*NOTE:

Be sure to use a pure aloe vera gel that does not contain additional ingredients or you're lotion may become too runny.

I purchase mine online from Bulk Apothecary or even Amazon. You can also use pure gel from an aloe vera plant!

Recipe:

- Mix Shea butter with hand mixer until smooth consistency
- Add aloe Vera gel and fractionated coconut oil to Shea butter
- Mix with hand mixer until aloe becomes white and consistency thickens slightly
- Add your favorite essential oil for scent
- Package into glass or PET container with lid.

Store any excess lotion in the fridge to prolong shelf life AND to add to a cooling effect in those warm summer months!

Typically lasts ~6 months